

Working in the Field

An On-line Introduction to Eco-TA

This is an innovative introductory programme into ecotherapy and holistic education practice and theory for TA practitioners. Led by **Hayley Marshall, PTSTA (P)** and **Giles Barrow TSTA (E)**, participants will be given opportunities to explore how nature, landscape and environment can provide powerful agency into clinical and educational practices.

The programme is intended for an international audience and we encourage participants from across the global TA community, regardless of field of application, qualification or experience. We are drawing on our experience of already having led this programme online. Despite the apparent peculiarity of an online course focused on the outdoors, we can assure you that this really works! Participants will be spending an extended period of time outdoors and most of the on-line contact is interactive. We will not be using PowerPoint presentations.

Whilst ecotherapy and holistic education have been around for some years, they have, so far, remained outside of mainstream TA theory and practice. We see this programme being at the growing edge in terms of integrating these timely, earth-spirit based themes into the work of the TA practitioner. Whether it's with a view to healing trauma with clients, building connection to natural agency, or promoting holistic development through learning, this programme will engage the practitioner with the outdoors, as classroom or therapy space, or perhaps something quite new entirely.

Topics will include working therapeutically with protocol, symbolic movement and experience, script, liminality, and clarifying vocational purpose, all in relation to an ecological perspective. Practical aspects of working outdoors with clients will also be covered, and it is intended that participants try out ideas in between workshops, feeding back and having supervision incorporated into the process.

The workshops form a programme of study and experience and it is expected that participants attend all three sessions. The programme spans a seasonal shift from autumn to early winter, in the northern hemisphere, and is a pre-requisite for those interested in undertaking the four-season, advanced Eco-TA course in 2021 (see separate flier for information).

Practicalities

Workshop 1: evening Tuesday 26th October – Thursday 28th October 2021,

Workshop 2: evening Tuesday 9th November – Thursday 11th November 2020

Workshop 3: evening Tuesday 7th December – Thursday 9th December 2021

Timings: Tues evening: 1800 – 2100hrs; Full days 1000 – 1700hrs
(Timings are UK GMT and so may be subject to alteration depending on time zones of participants)

Cost: £450:00

(NB: We will be adjusting the fee for those attending from TAlernt countries as identified by the ITAA)

Group size: 20 participants

In the first instance, please contact either Giles or Hayley to reserve your place

giles.barrow@virgin.net

hayleymarshall4@hotmail.com

Hayley Marshall is a UK based TA psychotherapist supervisor and trainer with 25 years' experience. She is a TA trainer on the Red kite training programme in Liverpool UK. Having worked outdoors clinically for 13 years, she trains and supervises outdoor psychotherapists as well as facilitating an advanced outdoor practitioner group in the Peak District. She co-authored a groundbreaking article on the outdoor therapeutic frame in the European Journal of Psychotherapy in 2010 and has written various book chapters on clinical outdoor practice.

Giles Barrow is a teacher by profession and experienced TA trainer and supervisor. Based on a smallholding in east Suffolk, he is often working with individuals and groups out on the farm, along the coast and in ancient woodland. He has written widely on educational TA, co-editing the International Guide to Theory & Practice with Trudi Newton, published in 2015. Giles is also the lead tutor at the Berne on the EdTA MSc/CTA programme.