

**About us**

TA Training Organisation offers a range of training including counselling and psychotherapy and continuing professional development programmes in Transactional Analysis.

The training includes introductory level courses, practitioner, counselling certificate and diploma courses and a European and UK accredited programme in Transactional Analysis psychotherapy, an Exam Preparation Group and a wide range of CPD activities.

The TA Training Organisation was established in 2014 combining the experience and expertise of trainers Andy Williams and Lin Cheung. Lin and Andy are motivated and interested in working with people who want to explore and develop themselves. They offer training and supervision in transactional analysis psychotherapy and counselling that enables people to develop a career in working therapeutically with people as a counsellor or psychotherapist.

TA Training Organisation is a registered training institute under UKATA who are a member of HIPs (Humanistic and Integrative Psychotherapies) and a member organisation of UKCP. (UK Council for Psychotherapy)

**TA Training Organisation**

**138 Low Lane, Horsforth**

**Leeds LS18 5PX**

**0113 2583399**

**www.tatraining.org**

Course Prospectus

Diploma in Transactional Analysis

Certificate in Transactional Analysis

**Why train at TA Training Organisation?**

Training at the TA Training Organisation is a fresh and up to date. We combine the highest quality teaching and training with key elements including:

* An outward looking approach to TA looking at the developing context of TA in the UK and further afield
* We encourage social and political awareness and attentiveness to difference and diversity
* A strong ethical foundation throughout each element of courses

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**Our Courses**

We offer a range of courses at TA Training Organisation, the information covered in this prospectus is about our accredited courses, the **Diploma in Transactional Analysis** and **Certificate** **in Transactional Analysis**.

**Course summary**

The Diploma course is at level 7, lasts 3 years and may lead to BACP accreditation. The Certificate in Transactional Analysis is at level 7, is a 4 year taught programme plus preparation for the CTA exam.

The training programme is taught over four years (3 years for Diploma) and made up of 10 weekends per year taught programme:

**Who is the course for?**

Transactional Analysis training is for those who wish to become a TA therapeutic counsellor, counsellors who have already completed their training and wish to add TA to their repertoire of skills or therapy professionals who want to enhance their development.

Year 1 – 10 weekends of theory and skills practice including the core concepts of TA theory and counselling skills development. Delegates receive a Foundation Certificate on completion of year 1.

Year 2 & 3 are taught as a rolling programme over 20 weekends. The material covered includes an introduction to practice, working with common mental health problems, ethics, diversity and professional practice. Students have the option to take the UKATA Diploma on completion of year 3.

Year 4 – 10 weekends covering material including therapeutic relationship, working with complex clients and psychotherapeutic research.

Each weekend is made up of theory teaching, skills practice, supervision days and group process. Students are assessed through completing 2 assignments per year and through observation and a presentation. Students are required to keep a personal development log throughout the course.

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 **Course requirements**

* The course is suitable for people who can have:
* Completed the TA101, or intend to do so during year 1 of the course
* Achieved a post-graduate level of competence, i.e. a prior degree or can evidence professional training in a caring profession
* a suitable counselling qualification
* a qualification in a relevant profession
* suitable and relevant life experience
* A combination of the above

Applicants should also be able to demonstrate the following personal qualities.

* A lively and enquiring mind
* a capacity for critical reflection and self-directed learning
* an ability to listen and respond with compassion and respect
* awareness of prejudice and the ability to respond openly to issues of race, gender, age, sexual preference, class, disability, ethnic, spiritual / religious and cultural difference, and diversity
* awareness and sensitivity in relation to the political, socio-cultural and religious / spiritual contexts of people's lives
* in-depth self-reflection
* self-awareness and commitment to self-development

**Other requirements**

In addition to the requirements above, there are additional requirements to be able to achieve the Diploma or Certificate qualification. They are:

**Diploma**: Students should have attended the TA101, completed the required hours of client contact, professional training, supervision, personal therapy and personal development.

**Certificate**: Students should have attended the TA101, have an endorsed training contract, fulfilled the UKCP[[1]](#footnote-1) requirements of number of hours for client contact, training, supervision, and personal development and be signed off as ready to undertake the exam by an appropriate person.

**Practice**

* Have an in depth understanding of psycho pathology Be competent in assessing, diagnosing and treatment planning using TA models.
* Be able to use a range of therapeutic interventions and the therapeutic relationship in treatment direction.
* Monitor effectiveness of own work and adjusts treatment and approach accordingly.
* Have the capacity and resources to work with complex clients, couples and groups.
* Have competent recognition of the significance of aspects relating to practice.
* Understand psychiatric and medical models of mental illness in the UK and their application in a TA setting.
* Be able to communicate effectively with other professionals (Doctors, social workers etc.)
* Demonstrate an effective awareness of issues around ethics and inclusive practice
* Use reflective practice and of supervision effectively
* Be autonomous in professional practice with a competent understanding of your own limitations and CPD requirements.

**Personal Development**

* Have good insight into your own personal history and script and are transparent and open in an appropriate way.
* Have a clear and coherent vision of self in role of TA psychotherapist.
* Demonstrate autonomy and collaboration in working practices
* Be competent in reflecting on therapeutic process: along with the impact both of self and on self.
* Have good capacity for self-monitoring.
* Be effective in critically evaluating your own work.

**Course outcomes: What happens at the end of the course?**

At the end of the course you will:

**Philosophy, Theory and Research**

* Be able to describe your personal philosophy and how this integrates with TA.
* Describe how personal philosophy influences an understanding of human development, consciousness, experience and personal development.
* Be able to critically evaluate Transactional Analysis with other modalities.
* Have a good understanding of theories of child and adult development, attachment and memory and can link to TA.
* Have a broad and competent understanding of relevant literature, available information and conceptual issues.
* Demonstrate and develop independent thought and ideas regarding the theoretical, critical and methodological literature in TA.
* Have a competent understanding of research methodologies and can critically evaluate psychotherapy research projects and their impact on TA.
* Be able to apply research methodologies to your practice.

**Course Cost**

* Tuition Fees are £1800 for the 2017-18 year.
* Tuition fees can be paid in full upon enrolment bacs or a deposit can be paid with the balance paid in instalments.

**How to apply?**

The application process for the courses is a 2 stage process.

Stage 1 is an application form and Stage 2 is an informal interview with the course trainers.

If you would like to apply, please contact TA Training Organisation for an application pack (including Application Form and Selection Criteria) or apply on-line through the website.

Once we have received and checked your form, we will follow up your references then invite you for an interview. Your interview will cover the course, fees and provide us with the time to get to know you. You will have the opportunity to ask questions.

The interview is an assessment of the suitability of your personal qualities & relevant experience for the training you are applying to undertake. Questions and discussions at interview will be around the information covered in the selection criteria document.

Should you have a successful interview and you fulfil all the requirements we will contact you personally to advise you of your place on the course and we will send you a letter of acceptance with an invitation to an enrolment session.

If there are any queries following your interview you may be offered a second interview to address these queries. If we feel that we could offer you a place subject to you fulfilling any criteria you will be offered a place on condition of these criteria being fulfilled.

Should you be unsuccessful at your interview or do not fulfil all the requirements, we will contact you personally to let you know, and provide you with full feedback.

**If you have any questions regarding any of the information in this prospectus, please don’t hesitate to contact us.**

1. \* Contact TA Training Organisation or UKCP for further details. [↑](#footnote-ref-1)